

CALENDAR

Monday, Feb 19th -NO SCHOOL President's Day

Wednesday, Feb 21st -6th Grade Breakfast (7:00-8:00 a.m.)

Thursday, Feb 22nd (8am-1pm)-GCU Campus Visit [Freshman]

Tuesday, Feb 27th - Art Battle: During Lyceum Middle School Thursday, Feb 29th - Wednesday March 6th - Water Drive

Monday Mar 4th - Thursday Mar 7th - Spirit Week

Wednesday, Mar 6th - Prep Field Day

Friday, Mar 8th- Friday, March 15th -NO SCHOOL SPRING BREAK

POLICY CLARIFICATIONS: ABSENCES & WORK

We understand that sometimes sickness can impact a student's ability to make it to school. We also recognize that any school absence, whether excused or unexcused, directly impacts a student's academic growth. We have put policies in place to address academic procedures once students are absent for certain periods of time. Our goal here is to clarify the intersections of two of those policies: Unexcused absences policy and homework policies.

 Clarification 1: Qualifying for Excused Absences for 3 or more days

Students who are absent three or more consecutive days **must** have a doctor's note in order for all of the absences to be marked as unexcused. Two scenarios follow. If a student is absent three days, and on the third day, goes to see a doctor and gets a note, those three days are considered excused, If a student is absent three days, but does not get a note all three days are unexcused.

• Clarification 2: Absences and Work Make Up Policy This is an important policy to clarify, because it directly impacts academic progress. If a student is absent for one or two days, whether excused or unexcused, they are responsible for making up work. If a student is absent for three or more days, work is only exempt when those absences are excused (see Clarification Point 1). If a student is absent for three or more days, and those are not excused absences, then they will get the same number of days extra to turn in all missing assignments for full credit before losing points.



For Questions regarding Tax Credit or assistance with your contribution

contact our Family Giving Officer Esther Parsons at 623-693-6511 or

eparsons@greatheartsroosevelt.org







CONGRATULATIONS, GABRIEL SOLEM!

His dedication, sportsmanship, and performance have not only earned him the title of **Athlete of the Month** but also the admiration of the team!

From Gabe's unwavering respect for coaches, opponents, and referees to his commitment to the team, he embodies the true spirit of sportsmanship. His work ethic, focus, and discipline have set a standard that others aspire to reach.

Gabe goes above and beyond, always on time for practice and attending every training session with a positive and honest attitude. His perseverance is nothing short of excellent, showcasing leadership, character, and teamwork that inspire us all!

Athlete of the Month is a well-deserved award by this dedicated athlete and outstanding team player!

Let's all join in congratulating Gabriel Solem for his well-earned achievement!

Keep shining, Gabriel!"



"Unlock Your Potential: Powerlifting Club Launching on February 20th!

We are thrilled to introduce another exciting opportunity for our students and athletes with the launch of the Spring Aces Powerlifting Club, starting February 20th! This 10-week program offers a unique blend of physical and mental benefits, aligning with our commitment to fostering holistic development. This is a part of the offseason training plan for our athletes.

Coach Pham will be the lead trainer for the powerlifting. Coach Pham is a professional powerlifter and trainer as well as the middle school math teacher.

Why Join the Powerlifting Club?

Base Strength Development:

The offseason is the perfect time to focus on building a robust foundation of strength. A strong base is key for athletes, providing a launching pad for advanced and sport-specific training. Enhanced overall strength leads to improved power, speed, and endurance, setting the stage for success when the competitive season resumes.

Skill Refinement:

Move beyond the pressures of immediate competition during the offseason. The Powerlifting Club provides an opportunity to refine skills without the stress, allowing athletes to focus on honing technical abilities. Strengthening underlying muscle groups enhances the execution of skills, boosting efficiency and effectiveness.

Recovery and Injury Prevention:

Take advantage of the offseason to address any lingering injuries or weaknesses. Our program incorporates targeted strength training for rehabilitation, aiding in the recovery from injuries sustained during the regular season. Strengthening muscles and improving joint stability contribute to a healthier, injury-resistant body.

Muscle Imbalance Correction:

Many sports involve repetitive movements that can lead to muscle imbalances. Our offseason strength training allows athletes to address these imbalances by targeting specific muscle groups. This proactive approach helps prevent overuse injuries and promotes overall structural balance, leading to peak performance during the competitive season.

Mental Refreshment:

Use the offseason as a mental break from the intensity of regular competition. The Powerlifting Club provides a change of pace, allowing athletes to focus on different aspects of their fitness. This mental refreshment not only contributes to motivation but also prevents burnout, helping athletes return to their sport with renewed enthusiasm.

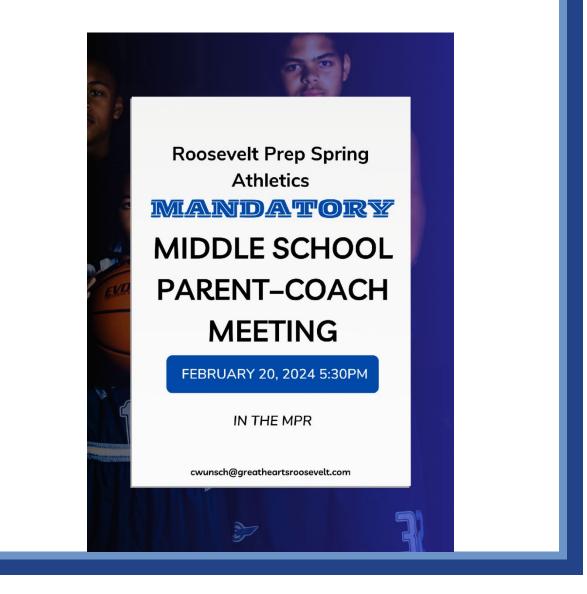
Details:

Dates: Starting February 20th, 2024 Days: Monday, Tuesday, Friday Time: 3:30-4:45 pm Grades: 6-9 Cost: \$100 for 10 weeks (Off-season athletes receive a discount.)

Join us as we embark on this empowering journey of strength and skill development! Go to

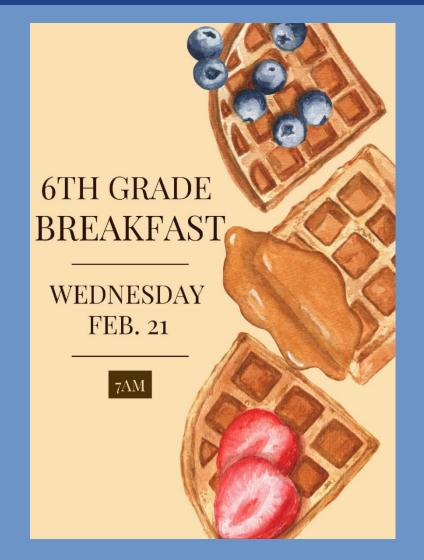
<u>https://greatheartsroosevelt.configio.com/search?cid=376</u> to register. For more information, please contact the Athletic Department at <u>cwunsch@greatheartsroosevelt.org</u>.

We can't wait to see our student-athletes unleash their potential in the Powerlifting Club!"



Calling all Middle School Basketball and Track & Field families - mark your calendars! We're gearing up for a crucial Parent-Coach Meeting that demands your presence!





It's time for another 6th grade breakfast! One of the ways we help our students develop a sense of community here at Roosevelt Prep is to create opportunities for our scholars, in and outside of school, to hang out and enjoy spending time together. Our Prep breakfasts are just that, a time for them to enjoy a meal and fellowship together. So, send your 6th grader into school a little early to enjoy some waffles and hang out time with friends. If you would like to help serve breakfast, or provide a grocery item, please use our link below.

https://www.signupgenius.com/go/10C084EA5AD2BA7F9C34-

47854835-6thgrade#/



The Freshmen Class has been invited on our very first college campus visit. Ninth graders have been invited to Grand Canyon University to experience firsthand what a college campus will be for them. This trip will be fully provided for by GCU including meals and transportation. We look forward to walking with our graduating class of 2027 on this First College Campus field trip!

9th Grade Sign up Here!



RPA ART BATTLE Tues, February 27th

@9:45am

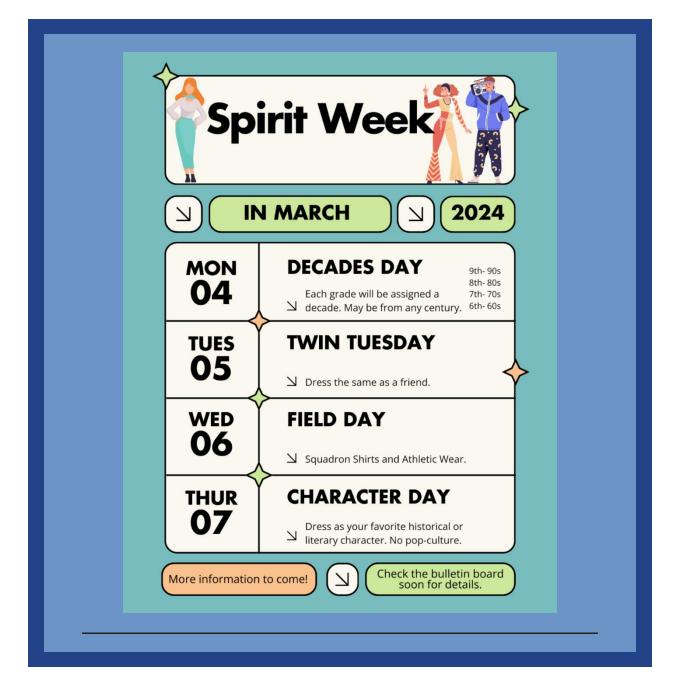
You will have all of Lyceum to create a piece of art. Come prepared with your supplies. Winners will earn points for their Squadron AND a surprise gift!

Attention all Middle School Artists!

Get ready for an Art Battle on Tues, Feb, 27th during lyceum. Students will have the entire time to create a piece of art. They will meet in room 211. Make sure students bring their own supplies. The winner will earn points for their Squadron and a special gift for themself. Please reach out to Mrs. Whitwell if you have any questions. **lwhitwell@greatheartsroosevelt.org**



As we gear up for the Arizona summer heat, let's come together for our Annual Water Drive, benefitting St. Mary's Food Bank. From February 29th to March 6th, let's make a splash and provide a lifeline to those in need. Please drop off cases of bottled water at the south doors during morning drop-off or the front office during school hours. Let's make a difference and ensure that everyone in our community stays hydrated and healthy. Your generosity is a source of relief during the sweltering Arizona summers. Thank you for being a beacon of hope!



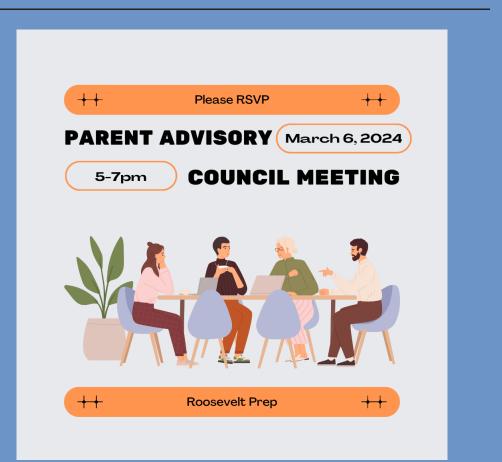


Prep Field Day 3/6

Prep Field Day is coming up! On Wednesday March 6 our Prep Scholars will spend the day out of the classroom so they can enjoy a day of fun and games with their classmates. The Prep team has a lot of exciting games planned for them, but we could use some assistance to help make this a great experience for everyone. If you can volunteer on that day to help set up or assist with a field day stations, please use our volunteer sign up below. We could also use a few supplies to help with a few of the stations. Please mark all supplies with Prep Field Day and have your Prep Scholar drop them off in the MPR or you can leave them at the front desk.

Volunteers Sign up Here!

Donations Donations Here!



Parent Advisory Council Meeting

Please join us for a Parent Advisory Council meeting. During this time, Headmaster Cruz will present topics of conversation to gain input and feedback on, as well as insight into some





Our lunchroom is in need of supplies. The lunchroom items such as utensils, napkins, paper plates, and Clorox wipes are only provided through your generous donations. If you can donate any of these items, please look at our sign-up form and send your items in with your scholar to the lunchroom. Please also mark all items with PSO lunchroom.

Sign up for Donations Here!



My Hot Lunch Box

The Roosevelt PSO is proud to offer a hot lunch options for all scholars K-9 every school day through MyHotLunchBox!

M: Chick-fil-A T: Red Robin W: NYPD Pizza Th: Noodles and Co. F: Panda Express

You can create your account now and order lunches through December 15th.

Add your child as a profile under the parent email account and select "Great Hearts Roosevelt, Buckeye" as school location to order. If you already have an account for your child, please make sure you update their grade level.

You MUST place orders by 11:59am the day before to receive lunch at the school the following day.

Hot lunch is an optional meal - scholars do not need to purchase and can instead bring their lunch from home. For questions, please reach out **psolunch@greatheartsroosevelt.org**!

ORDER NOW- MY HOT LUNCH BOX



Parent Volunteer Opportunities

Our new Prep PSO President, Mrs. Beth Othon, has done an amazing job in leading and supporting the development of student culture alongside Mrs. Whitwell, our Dean of Student Culture. However, the Prep PSO is still in need of more parents in a more ongoing role. Mrs. Othon's email is

preppsopresident@greatheartsroosevelt.org

Raptor Clearance

Contact Information

Great Hearts Roosevelt Prep Grades 6-9 # 623-344-8003 M,T, Thur, F 7:15am - 3:45pm Wed 7:15am - 1:45pm

> Tony Cruz | Headmaster <u>tcruz@greatheartsroosevelt.org</u> Bianca Swoape | OM <u>bswoape@greatheartsroosevelt.org</u>

Great Hearts Roosevelt K-9 | 555 S Jackrabbit Trail, Buckeye, AZ 85326

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